

**PSHE Sessions**

<b>YEAR 10</b>	<b>Term 1</b>		Xenophobia and racism	LGBT	Islam in the news
	<b>Term 2</b>		Extremism	Debt and gambling	
	<b>Term 3</b>		Staying safe	Harmful relationships	Christianity in the news
	<b>Term 4</b>		Bullying and cyber bullying	Pornography	
	<b>Term 5</b>		Addiction	Consent	Judaism in the news
	<b>Term 6</b>		Finance and budgetting	Democracy	
<b>YEAR 11</b>	<b>Term 1</b>		Mental Health	Law and the Criminal Justice System	
	<b>Term 2</b>		Sexism	Sex and the law (including FGM)	
	<b>Term 3</b>		Sexual Health	Becoming a parent	
	<b>Term 4</b>		Healthy Lifestyles	False news	

**Tutor Time Discussions**

<b>YEAR 10</b>	<b>Term 1</b>		Why did the Brexit debate lead to increased instances of xenophobic abuse and violence?	How might it feel to be criticised or mocked for the country you come from?	What is the politically correct language to describe different racial groups? Why is it used?	Why is homophobic language or jokes, or making gay references as an insult, so damaging to society?	How can we create an environment whereby a student would feel comfortable to come out as LGBT?
	<b>Term 2</b>		What is meant by extremism? How do people develop extreme views?	How can we prevent extremism? What does the government do to prevent terrorism?	Why would a transexual person want access to single-sex utilities?	What are the warning signs that you have an addiction to gambling?	What are the causes and consequences of going into debt?
	<b>Term 3</b>		How can you ensure you are safe when walking home on your own, or in the dark?	How can you protect yourself online? What are the risks?	What are the risks of carrying a weapon?	Why do some individuals remain in violent relationships? How can they be supported?	What are the signs that a relationship is emotionally abusive?
	<b>Term 4</b>		What is the definition of bullying? Why do people do it?	If a friend was being bullied, what advice would you give them?	How can cyber bullying be controlled and prevented?	How might using pornography impact on your own body image and how you view others?	How might using pornography excessively impact on person's relationships?
	<b>Term 5</b>		How easy is it to become addicted to drinking? What impact might it have on your life?	Why do teenagers start smoking? How might it feel to then be addicted? How can they quit?	Who is more vulnerable to drug addiction? Why do people turn to drugs?	Why was the 'ME TOO' campaign so important in addressing the issue of consent?	What are the signs that someone is uncomfortable engaging in sexual activities with you?
	<b>Term 6</b>		What does the average adult need to pay for every month and what does it cost?	How much does the average person in the UK earn? Is it possible for someone to run a house on one income?	Why did women fight so hard to have the vote?	Why are so many people campaigning for votes for 16 and 17 year olds?	Why do some people choose not to vote? How could this damage democracy?
<b>YEAR 11</b>	<b>Term 1</b>		What are the signs and symptoms of depression or anxiety?	What are strategies for managing anger and aggression?	How can you measure your own happiness? What brings us happiness?	How does our criminal justice system work? What is the process if someone breaks the law?	What are the consequences of having a criminal record?
	<b>Term 2</b>		Why are there so few women in engineering? Could any of your views on this be considered sexist?	Have you ever witnessed sexism? What is sexual harrasment?	What is the age of consent? What are the consequences of sexual relationships before this age?	What does the law teach us about sexting? Why is this so high risk?	How confident do you feel about sex and the law? Do you have any questions you are unsure of?
	<b>Term 3</b>		What are the key ways to protect against STIs? What forms of contraception do not protect?	How can you check your sexual health? When is it okay to stop using condoms with a partner?	What are the right circumstances for deciding to become a parent?	Why do some individuals decide to have children as teenagers? What happens if one partner wants a baby and the other doesn't?	What causes unwanted pregnancy? What are the options? What if one partner disagrees?
	<b>Term 4</b>		Why are energy drinks banned at school? What is the health advice surrounding them?	What do you eat that is bad for you? How can you eat things you enjoy but stay healthy?	Have you ever 'fallen for' false news you have seen on Facebook?	How much of news can you really believe?	How many of your opinions have been formed through social media?